

Patient instructions for stool collection

Your physician has ordered tests that require the collection of stool sample

- Stool samples contaminated with bariums, soap, disinfectants or urine will not be accepted.
- If you have any questions regarding this collection procedure, you may call the laboratory team at 308.568.7450.
- Collection kits can contain up to five vials. The liquid vials are poisonous. Do not drink them. Keep them out of the reach of children. If accidental ingestion occurs, contact Poison Control Center at 800.222.1222, have label and package insert information nearby.

Please follow all collection instructions carefully

1. Collect the stool sample in a wide mouth container or you can place a plastic bag/wrap over the toilet seat opening. This prevents the stool sample from falling into the toilet bowl. Do not mix urine or toilet water with the stool sample.
2. Each collection vial contains a scoop attached to the vial cap. Using the scoop, place 1-3 teaspoons of stool from areas that appear bloody, slimy, or watery into the empty vial and place 1-3 teaspoons of stool into the liquid vial until the contents rise to the arrow line. If the stool is formed (hard), please sample small amounts from each end and from the middle. Transferring of stool into the liquid vial must be done within 2 hours of stool collection.
3. Mix the contents of the liquid vial with the scoop, then twist the cap tightly closed and shake vigorously until the contents are well mixed.
4. Write your name, date of birth and the time & date of collection on each vial.
5. Place vials in a Ziploc bag and deliver to your provider or the laboratory within 24 hours.
6. If the specimen needs to be collected from a child in diapers, remove the diaper as soon as possible after the bowel movement. If the stool is liquid, you can line the diaper with plastic wrap or turn the diaper inside out so the stool is not absorbed into the diaper.

The following stool tests have been ordered by your provider

- Please follow the collection instructions and place a stool sample in the appropriate containers.



- ☐ GI Panel PCR
- ☐ H. Pylori
- ☐ C. Difficile

**Cary Blair Vial and Empty vial
**Store specimens at room temperature
**Deliver to lab within 24 hours



- ☐ Giardia Antigen
- ☐ Cryptosporidium

**Formalin 10% Buffered Neutral
**Store specimens at room temperature
**Deliver to lab within 24 hours



- ☐ Ova & Parasite

**ECOFix Stool Transport
**Store specimens at room temperature
**Deliver to lab within 24 hours



- ☐ Fecal Fat
- ☐ Rotavirus
- ☐ Calprotectin
- ☐ Lactoferrin

**Empty Vial
**Store Refrigerated
**Deliver to lab within 24 hours